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YOKOHAMA JAPAN'S FIRST PORT OF CALL

THE OFFICIAL NEWSLETTER OF YOKOHAMA CONVENTION & VISITORS BUREAU



Experience a Variety of Sports & Activities in Yokohama

A certain international sporting event is finishing up in Tokyo.

Conveniently nearby, the prime locations of <u>Yokohama Stadium</u> and <u>International Stadium Yokohama</u> are being used as match venues...how exciting!

Throughout Yokohama, you can experience unique activities.

Please take note of this guide for your future visit.

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<<Karate Board Splitting Experience>>

Try your hand at splitting a karate board in Yokohama!

At <u>"Yokohama Budokan"</u> even beginners of karate can easily experience this!

In Yokohama City, this public facility is the first to have a full-fledged martial arts hall.

Currently, there are classrooms for citizens, it will be used as a sports base and competition venue.



Under the guidance of a veteran instructor, the martial arts experience plan allows you to split boards at this full-scale martial arts hall. Write down your wish on the board, then chop it! You can even keep the broken board and take it home as a souvenir. Of course, you can also take photos and videos as evidence of your strength and martial arts genius. Since it is a small group class, you can freely enjoy an experience without any crowds. If you have clothes that are easy to move in, participate empty-handed.



≪ SUP (Stand Up Paddle) ≫

As one of Japan's leading international port cities, Yokohama has much to offer. With a plethora of unique experiences, this port town even features rivers that flow through the center of town.

Stand-Up Paddle Boarding (SUP) is a recommended activity.



"SUP" is a water activity gaining in popularity.

The special board has a higher buoyancy than a surfboard and is fun and easy-to-ride...

even beginners find it enjoyable. Riders balance on the board and stand in an upright position, using a paddle to wade through the water.

Through balancing and rowing, the inner muscle is trained, so it's a great way to keep fit!

At Yokohama SUP Club, beginners and experienced alike can enjoy lessons with certified instructors. Head to Ooka River, which connects to Yokohama Bay, on a Stand-Up Paddleboard while sightseeing. Catch a glimpse of the Landmark Tower and the giant Ferris Wheel, Cosmo Clock 21, along the way!

** Depending on the weather conditions, the route may change to an alternate course for safety reasons. The alternate course goes back up the Ooka River. You can feel the history and nature of Yokohama and/or SUP actively around town such as rows of cherry blossom trees, pier traces remaining from the Edo period, and bridges of traditional construction methods.







It's refreshing to cycle through the historic cityscape while feeling the ocean breeze. Yokohama has services that can be easily enjoyed on bicycles, such as bicycle rental and guided cycling tours. Rent a bicycle and return to wherever you would like within the city. This is helpful to know if you'd like to efficiently visit tourist attractions.

"bay bike" is a service that allows you to easily rent a bicycle in Yokohama.

Bicycle ports are set up throughout the city, so you can take your bike wherever you want and return it whenever you're done.

We recommend a course that goes around the beautiful forests in the suburbs.

You can rent a bicycle at Ishikawacho Station, explore Negishi Forest Park, Sankeien Park then return to Yamashita Park.

Cycle through the city for half a day or all day!



≪Yokohama Haikara Kimono Kan≫

Just once, wouldn't you like to try wearing a kimono in Japan?

There's a spot in Yokohama where you can do just that!

Then, take a stroll in your traditional Japanese kimono around the worldly town of Yokohama.

<u>"Yokohama Haikara Kimono Kan"</u> is a kimono rental shop. Choose your favorite kimono from 50 different types, such as the "retro-modern kimono" — perfect for Yokohama, the "city of civilization." After a professional arranges your clothing, leave your luggage behind and take a walk to Sankeien Garden! Then, enjoy a lunch cruise at Royal Wing with a panoramic view of Yokohama while feeling the pleasant sea breeze.

Men's kimono are also available.





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About us:

Yokohama Convention & Visitors Bureau (YCVB) aims to work together with media, tour operators and travelers to overcome these difficult days and create new value for tourism. We wish to stay connected while distancing. Please feel free to call or drop in an email.

Stay safe, Stay in & Stay Inspired.

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